

**10th Annual Sickle Cell Disease Educational Seminar:
Integrative Medicine and Sickle Cell Disease:
A Multi-Disciplinary 21st Century Approach
Program At-A-Glance**

Thursday, September 6, 2018	
10:30 am	Brunch and Registration
	Legislative Action Workshop (Moderators: Nancy Rene and Cecil McLinn)
11:30 am	Panel Discussion
12:30 pm	Workshop (Breakout Groups)
1:30 pm	Wrap Up
2:15 pm	Break
	Afternoon/Evening Session
3:15 pm	Sickle Cell Trait (Education and Awareness): Farron Dozier and Dr. Elliott Vichinsky
4:00 pm	Dinner
5:00 pm	The Challenges of Opioid Use and Prescribing: Building Bridges Between Patients and Providers Patient and Physician Panel: Drs. Jon Hirshon and Wally Smith; Marissa Cors, Shabreon Howard, Brandon Johnson
6:00 pm	New Therapies and Clinical Trials for Sickle Cell Disease: Drs. Theodore Wun and Marsha Treadwell
7:00 pm	CIRM
7:15 pm	Adjourned
Friday, September 7, 2018	
8:00 am	Registration and Breakfast
9:00 am	Welcome: Dr. Carolyn Rowley Cayenne Wellness Center
9:10 am	Introduction: Sonja Banks and Beverley Francis-Gibson SCDA
	I. Morning Session: Stephanie Mulkey Keynote Speaker Series Sickle Cell 101: Pathophysiology, Complications, Management and Treatment
9:20 am	Elliott Vichinsky, MD Keynote Speaker
10:30 am	Break
	II. Morning Session: Integrative Approaches to Pain (Moderator: Dr. Kalpna Gupta)
10:45 am	Introduction
10:55 am	Visual Imagery - Sarah Martin, PhD
11:20 am	Complimentary Approaches to Pain (Moderator: Melissa Welles)
11:30 am	Acupuncture Pain Relief for Sickle Cell - Kalpna Gupta, MD
11:50 am	Cannabis Oil - Melissa Welles
12:10 pm	Music and Art Therapy - Lauren Ragan
12:25 pm	Virtual Reality - Simon Robertson
12:35 pm	Lunch with the Experts
	III. Afternoon Session: End Organ Complications and Treatment (Moderator: Dr Theodore Wun)
1:30 pm	Introduction - Dr. Theodore Wun
1:40 pm	Pulmonary Hypertension - Kato, MD
2:15 pm	Renal/Kidney Damage - Pham, MD
2:50 pm	Eye Health/Damage - Scott, MD
3:20 pm	Stroke - Thomas Coates, MD
4:00 pm	Break
	IV. Afternoon Session: PsychoSocial.
4:15 pm	Impact on Spouses and Family Members - From birth to death - Theopia Jackson, PhD)
4:45 pm	Roundtable discussion - Gary Johnson, Gary Gibson, Reverend Betty Clark, Antwan Capla
5:30 pm	Adjourned
7:00 pm	Gala and Network Reception. Live music by Private Practice

Saturday, September 8, 2018

7:30 am	Registration and Breakfast
7:45 am	Tai Chi, Yoga and Stretching classes
8:30 am	Summary of Thursday's and Friday's Seminar - Adrienne Shapiro, Axis Advocacy
	I. Morning Session: Stephanie Mulkey Keynote Speaker Series Comprehensive Medical Care for persons diagnosed with Sickle Cell Disease Special Topic: Liver Disease
8:35 am	Cage Johnson, MD Keynote Speaker
10:15 am	Break
	II. Morning Session: Integrative Approaches to Pain - Overview
10:30 am	Multimodal Approach - TBD
10:50 am	Nutrition - Tamika Moseley
11:10 am	B17 Therapy, Herbal Therapy and Enzyme Therapy - Melissa Welles
11:30 am	Hydration and Ph Balance - Vernell Lucas, DO
11:50 am	3-4-4 and Sickle Cell Disease - Carolyn Rowley, PhD
12:15 pm	Health Eating - Ann Gentry (Lunched by VegMidtown)
	III. Afternoon Session: Public Policy
1:30 pm	Public Policy: Patient and physician symposia to educate about the importance of public policy to encourage the development of new therapies - Ken Bridges, MD
	IV. Afternoon Session: Complications
2:10 pm	Introduction
2:20 pm	Blood Clots - Theodore Wun, MD
3:10 pm	Infection - Sherrill Brown, MD
3:40 pm	Auto-Immune Disease: Lupus and Rheumatoid Arthritis - Simone Appenzeller, MD
4:10 pm	Break
	V. Afternoon Session. Complementary Approaches. Healing Through Movement
4:20 pm	From Breath to Movement to Meaning - Carol Penn, DO
5:00 pm	Housekeeping
5:10 pm	Announcement of the 12th Annual Sickle Cell Disease Educational Seminar
5:15 pm	Adjourned
7:30 pm	Benefit Concert at The Mondavi Center - UC Davis