

**10th Annual Sickle Cell Disease Educational Seminar:  
Integrative Medicine and Sickle Cell Disease:  
A Multi-Disciplinary 21st Century Approach  
Program At-A-Glance**

<b>Thursday, September 6, 2018</b>	
10:30 am	Brunch and Registration
	<b>Legislative Action Workshop (Moderators: Nancy Rene and Cecil McLinn)</b>
11:30 am	Panel Discussion
12:30 pm	Workshop (Breakout Groups)
1:30 pm	Wrap Up
2:15 pm	Break
	<b>Afternoon/Evening Session</b>
3:15 pm	<b>Sickle Cell Trait (Education and Awareness): Farron Dozier and Dr. Elliott Vichinsky</b>
4:00 pm	Dinner
5:00 pm	<b>The Challenges of Opioid Use and Prescribing: Building Bridges Between Patients and Providers Patient and Physician Panel: Drs. Jon Hirshon and Wally Smith; Marissa Cors, Shabreon Howard, Brandon Johnson</b>
6:00 pm	<b>New Therapies and Clinical Trials for Sickle Cell Disease: Drs. Theodore Wun and Marsha Treadwell</b>
7:00 pm	<b>CIRM</b>
7:15 pm	Adjourned
<b>Friday, September 7, 2018</b>	
8:00 am	Registration and Breakfast
9:00 am	Welcome: Dr. Carolyn Rowley   Cayenne Wellness Center
9:10 am	Introduction: Sonja Banks and Beverley Francis-Gibson   SCDA
	<b>I. Morning Session: Stephanie Mulkey Keynote Speaker Series Sickle Cell 101: Pathophysiology, Complications, Management and Treatment</b>
9:20 am	<b>Elliott Vichinsky, MD Keynote Speaker</b>
10:30 am	Break
	<b>II. Morning Session: Integrative Approaches to Pain (Moderator: Dr. Kalpna Gupta)</b>
10:45 am	Introduction
10:55 am	Visual Imagery - Sarah Martin, PhD
11:20 am	Complimentary Approaches to Pain (Moderator: Melissa Welles)
11:30 am	Acupuncture Pain Relief for Sickle Cell - Kalpna Gupta, MD
11:50 am	Cannabis Oil - Melissa Welles
12:10 pm	Music and Art Therapy - Lauren Ragan
12:25 pm	Virtual Reality - Simon Robertson
12:35 pm	<b>Lunch with the Experts</b>
	<b>III. Afternoon Session: End Organ Complications and Treatment (Moderator: Dr Theodore Wun)</b>
1:30 pm	Introduction - Dr. Theodore Wun
1:40 pm	Pulmonary Hypertension - Kato, MD
2:15 pm	Renal/Kidney Damage - Pham, MD
2:50 pm	Eye Health/Damage - Scott, MD
3:20 pm	Stroke - Thomas Coates, MD
4:00 pm	Break
	<b>IV. Afternoon Session: PsychoSocial.</b>
4:15 pm	<b>Impact on Spouses and Family Members - From birth to death - Theopia Jackson, PhD)</b>
4:45 pm	<b>Roundtable discussion - Gary Johnson, Gary Gibson, Reverend Betty Clark, Antwan Capla</b>
5:30 pm	Adjourned
7:00 pm	<b>Gala and Network Reception. Live music by Private Practice</b>

## Saturday, September 8, 2018

7:30 am	Registration and Breakfast
7:45 am	Tai Chi, Yoga and Stretching classes
8:30 am	Summary of Thursday's and Friday's Seminar - Adrienne Shapiro, Axis Advocacy
	<b>I. Morning Session: Stephanie Mulkey Keynote Speaker Series Comprehensive Medical Care for persons diagnosed with Sickle Cell Disease Special Topic: Liver Disease</b>
8:35 am	<b>Cage Johnson, MD Keynote Speaker</b>
10:15 am	Break
	<b>II. Morning Session: Integrative Approaches to Pain - Overview</b>
10:30 am	Multimodal Approach - TBD
10:50 am	Nutrition - Tamika Moseley
11:10 am	B17 Therapy, Herbal Therapy and Enzyme Therapy - Melissa Welles
11:30 am	Hydration and Ph Balance - Vernell Lucas, DO
11:50 am	3-4-4 and Sickle Cell Disease - Carolyn Rowley, PhD
12:15 pm	Health Eating - Ann Gentry (Lunched by VegMidtown)
	<b>III. Afternoon Session: Public Policy</b>
1:30 pm	<b>Public Policy: Patient and physician symposia to educate about the importance of public policy to encourage the development of new therapies - Ken Bridges, MD</b>
	<b>IV. Afternoon Session: Complications</b>
2:10 pm	Introduction
2:20 pm	Blood Clots - Theodore Wun, MD
3:10 pm	Infection - Sherrill Brown, MD
3:40 pm	Auto-Immune Disease: Lupus and Rheumatoid Arthritis - Simone Appenzeller, MD
4:10 pm	Break
	<b>V. Afternoon Session. Complementary Approaches. Healing Through Movement</b>
4:20 pm	<b>From Breath to Movement to Meaning - Carol Penn, DO</b>
5:00 pm	Housekeeping
5:10 pm	Announcement of the 12th Annual Sickle Cell Disease Educational Seminar
5:15 pm	Adjourned
7:30 pm	<b>Benefit Concert at The Mondavi Center - UC Davis</b>