## SICKLE CELL ADULT SUPPORT GROUP OF SOUTHERN CALIFORNIA

**Group Meeting Reminder 2019** 



# 2019 SCD Support Group Schedule

## Los Angeles Chapter

First Thursday of every month from 6:00 - 8:30 pm at:

### The Wellness Center LA • 1200 N State Street, Room 1032 • Los Angeles, CA 90033

Program Manager 818-940-0079 (office) or Dr. Carolyn Rowley 818-731-5408

January 3 May 2 September 5 (in San Diego)

February 7 June 6 October 3

March 7 July 4 (Holiday/no meeting) November 7

April 4 August 1 December 5

### **Loma Linda Chapter**

Second Thursday of every month from 6:30 - 8:30pm at:

PossAbilities Office • Professional Plaza - Building A • 25455 Barton Rd., Suite 109A Loma Linda, CA 92354 Sheila Marchbanks 909-851-8194 or Dr. Carolyn Rowley 818-731-5408

January 10 May 9 September 12
February 14 June 13 October 10
March 14 July 11 November 14
April 11 August 8 December 12

### **Lancaster Chapter**

Second Tuesday of every month from 6:30 - 8:00pm at:

## City of Hope Antelope Valley Hospital • 44151 15th St. W • Lancaster, CA 93534

Dr. Carolyn Rowley 818-731-5408

January 8 May 14 September 10
February 12 June 11 October 8
March 12 July 9 November 12
April 9 August 13 December 10

## Fresno Chapter

Third Thursday of every month from 6:00 - 8:00pm at:

### Maxie Parks Community Center • 1802 E. California Ave • Fresno, CA 93706

Vanice Robinson-Murphy 559-365-5001 or Dr. Carolyn Rowley 818-731-5408

January 17 May 16 September 19
February 21 June 20 October 17
March 21 July 18 November 21
April 18 August 15 December 19

### San Diego Chapter

Fourth Tuesday of every month from 6:00 - 8:00 pm at:

The Malcolm X / Valencia Park Library • Room subject to change • 5148 Market St • San Diego, CA 92114 • Brittany D. Echols 619-819-6379 or Dr. Carolyn Rowley 818-731-5408

January 22 May 28 September 24
February 26 June 25 October 22
March 26 July 23 November 26

April 23 August 27 December 24\* (Holiday/no

meeting

### **NEW!!!** Bakersfield Chapter

Fourth Thursday of every month from 6:30 - 8:30 pm at:

Kern Medical Center • 1700 Mt. Vernon Ave., Conference Room 1236, Bakersfield, CA 93306 • Vanice Robinson-Murphy 559-365-5001 or Dr. Carolyn Rowley 818-731-5408

January 24 May 23 September 26 February 28 June 27 October 24

March 28 July 25 November 28\* (Holiday)
April 25 August 22 December 26\* (Holiday/no

meeting)

For directions or parking information for any of the support groups, or for more information, email info@cayennewellness.org or call 818-940-0079

The Sickle Cell Adult Support Group of Southern California's mission is to offer educational material and wellness resources to help those adults with sickle cell manage their disease - to achieve the highest quality of life. We are dedicated to bringing support to those who live with sickle cell disease.