

The Clinical Manifestations of Sickle Cell Disorder and the Emerging Treatment Options

Cayenne Wellness Center Keynote Address

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History of Sickle Cell Disorder



Early Sickle Cell Disease (Disorder) Research

- ▶ 1910: First Description of Sickle Cell Disease (SCD)
 - James Herrick, MD makes 1st description in published literature
- ▶ 1911: Second Published Case of Sickle Cell Disease
 - 25-year-old female patient described with symptoms of SCD
- ▶ 1915: Suggestion of Genetic Link
 - 21-year-old female showed blood film indicative of SCD
 - Father of patient noted with abnormalities of red blood cells after a few days

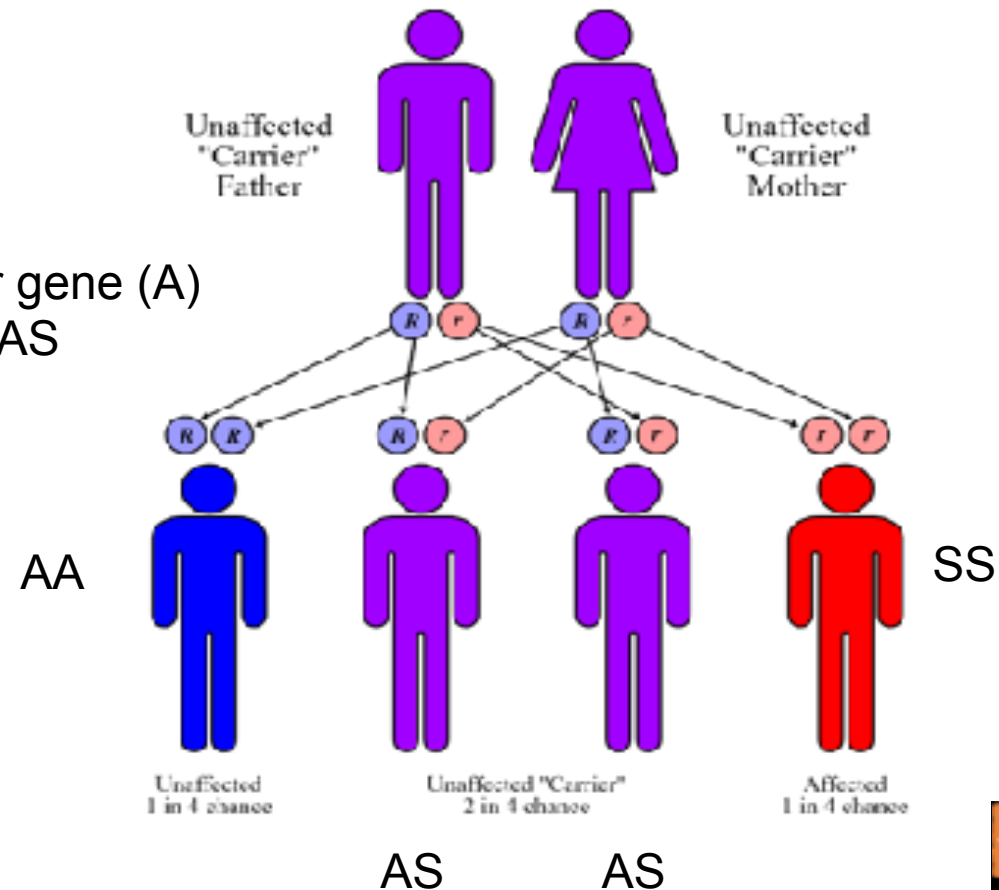
Early Sickle Cell Disease Research

- ▶ 1922: Sickle Cell Anemia (SCA) Terminology
 - 21-year-old male patient becomes the fourth known case of SCD
 - Published literature of this case used the term “sickle cell anemia”
- ▶ 1949: Sickle Cell Anemia Identified as the First Molecular Disease
 - Electrophoresis shows that in SCD, there is a modified form of hemoglobin
 - Linus Pauling published his findings in *Science*

Sickle Cell Disorder: A Single Genetic Mutation

- It is a group of **inherited blood disorders** (passed on) from parents

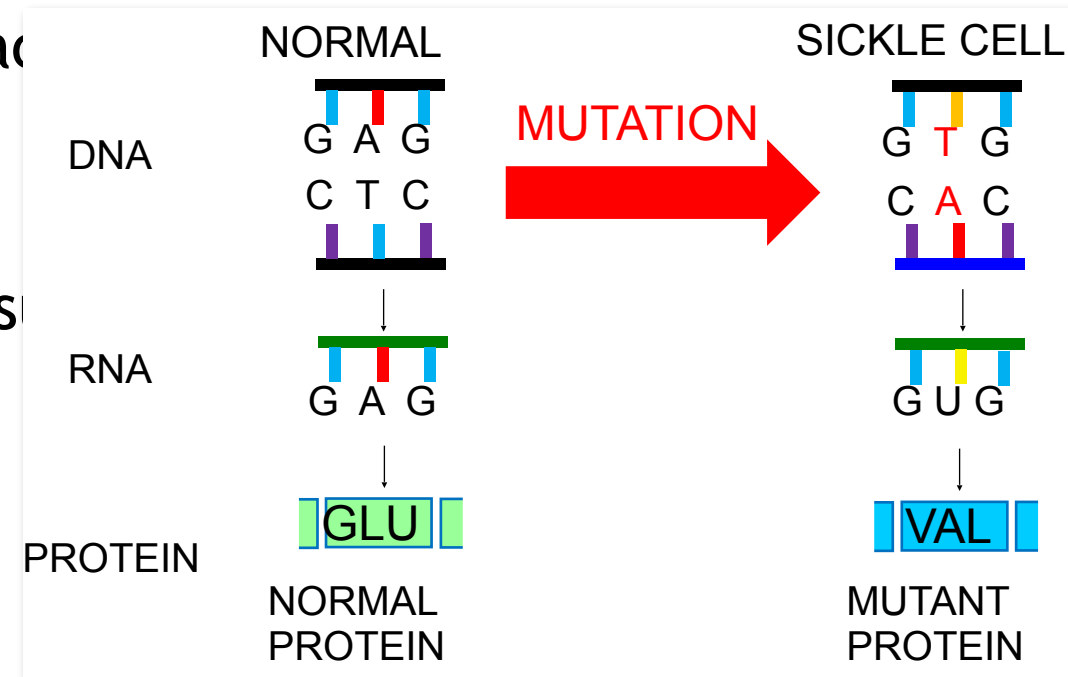
Sickle Cell Trait (SCT = **Purple**) → one regular gene (A) and one mutated (changed to S) is inherited = AS



Sickle Cell Disease: A Single Point Mutation (Change)

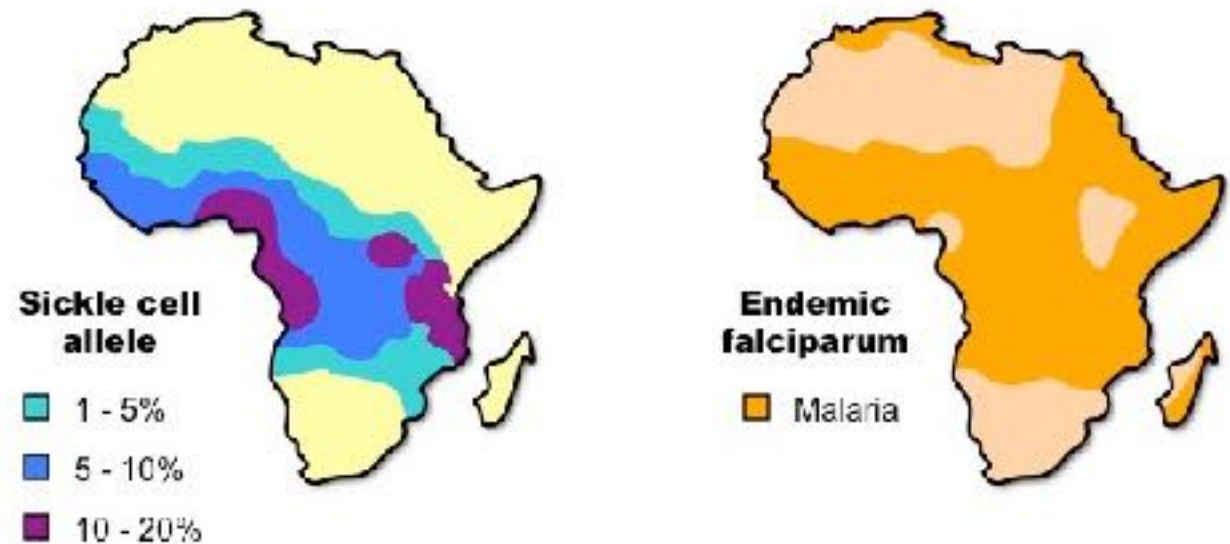
- ▶ Caused by a single mutation (change) in the β -globin gene of hemoglobin (oxygen carrying protein)
 - Glutamate is replaced with Valine (6th place)
- ▶ Deoxy-HbS (SS) will polymerize
 - When hemoglobin S gives up oxygen to tissue
 - Causes hemoglobin to come together

Polymerize = clustering together = sickle

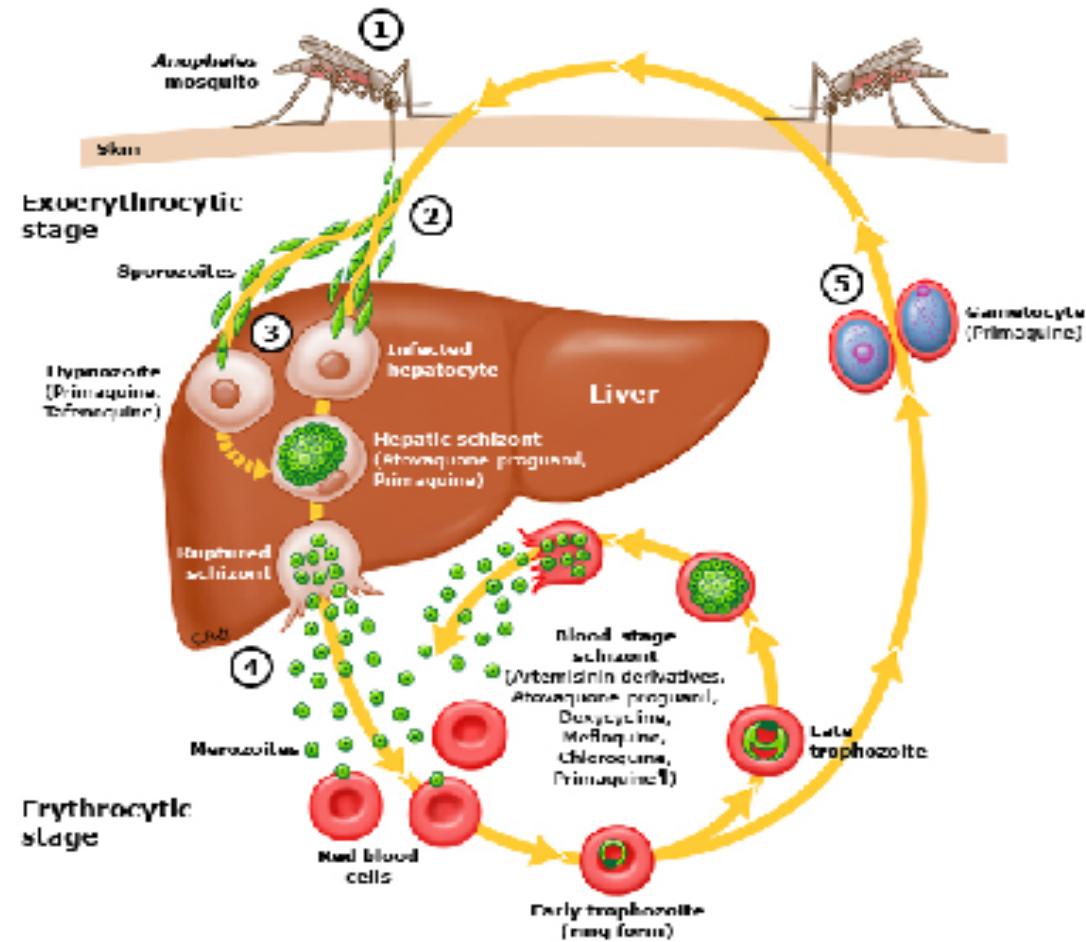


Sickle Cell and Malaria

- ▶ It has been suggested that the prevalence of sickle cell disease is due to sickle cell trait carriers being resistant to malaria
- ▶ This is supported by a high prevalence of sickle cell in areas with a high incidence of malaria



Malaria Life Cycle



Sickle Cell Disease Genetic Variations

- ▶ Hemoglobin SS
- ▶ Hemoglobin S β^0 -thalassemia
- ▶ Hemoglobin S β^+ -thalassemia
- ▶ Hemoglobin SC
- ▶ Hemoglobin SD
- ▶ Hemoglobin SE

- ▶ **other less common variations exist*

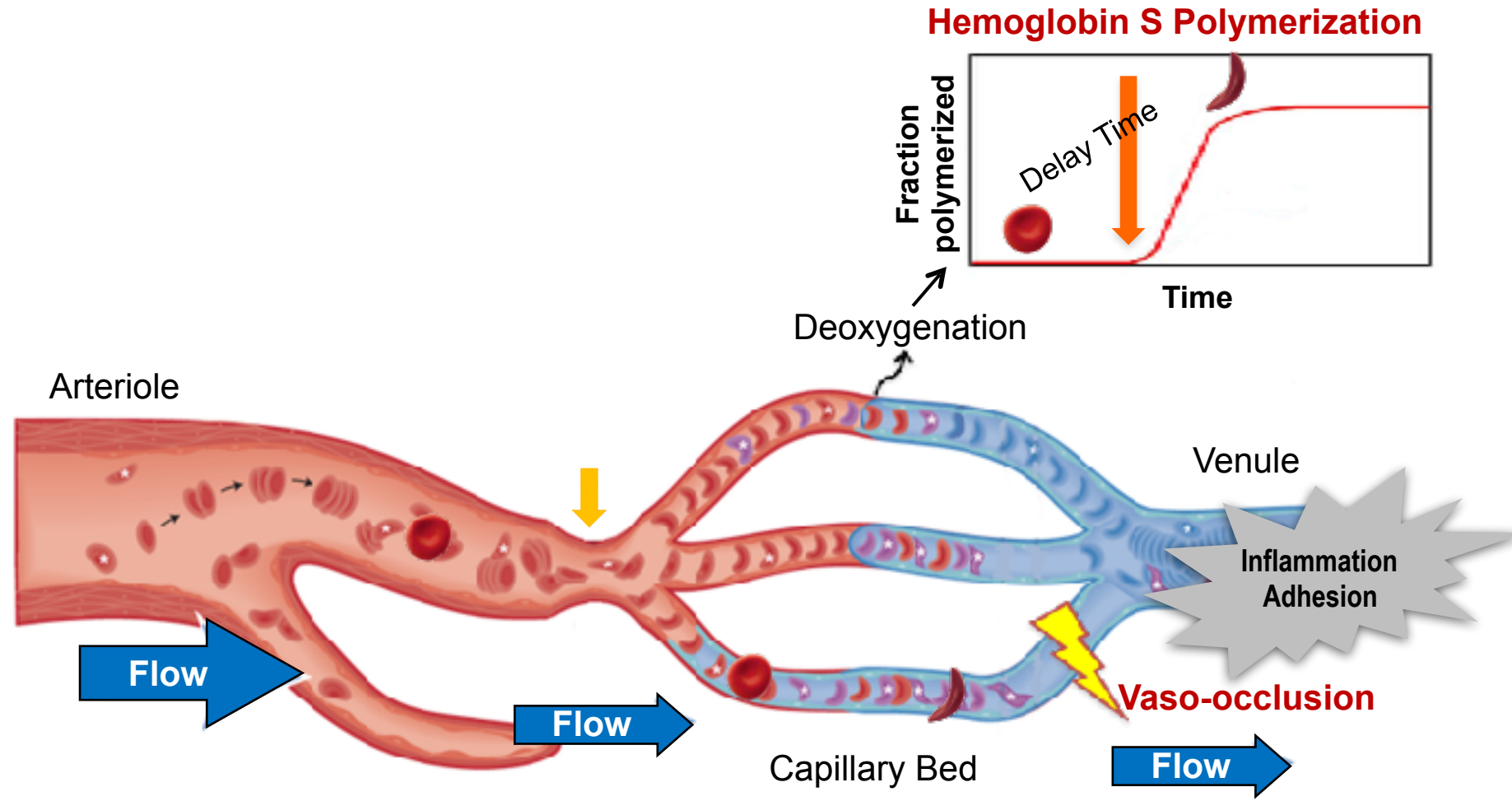


Pathophysiology of Sickle Cell Disease



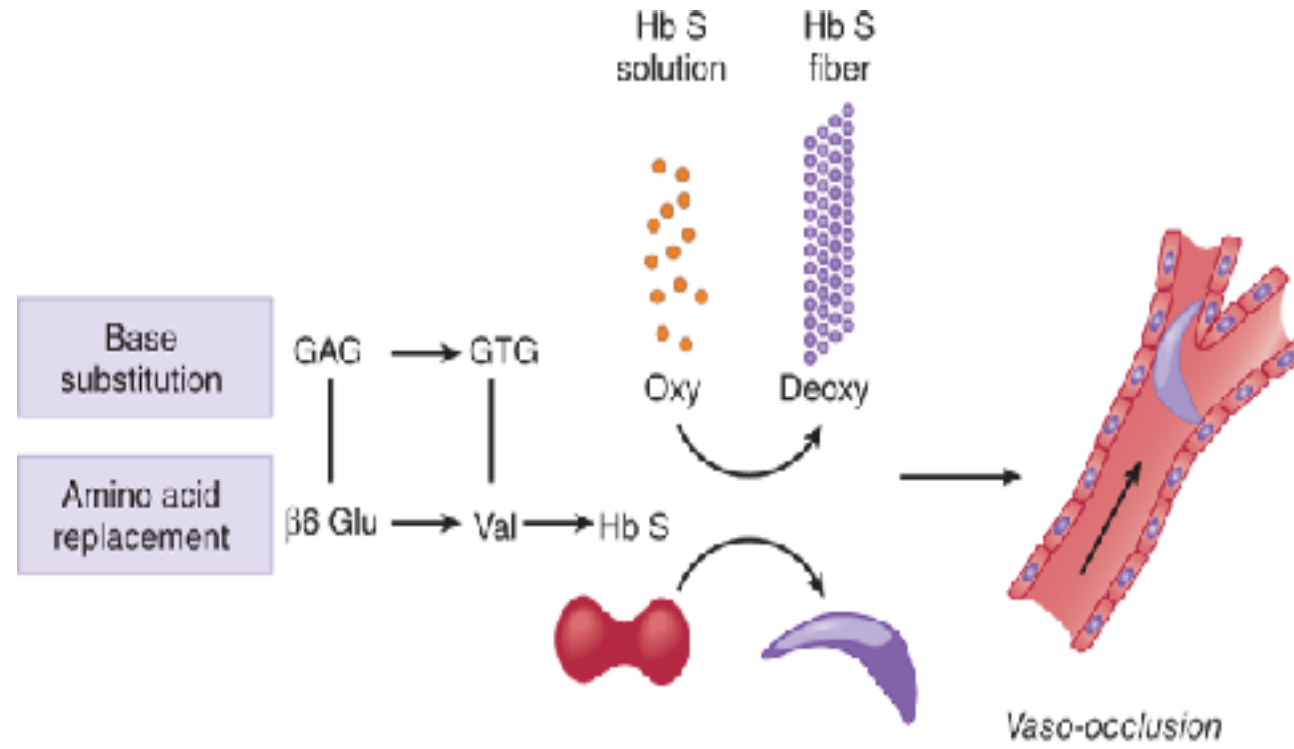
Sickle Cell Crisis

- ▶ Deoxygenation leads to hemoglobin polymerization



Adapted from Eaton WA, et al. *Blood*. 2017;129(20):27190-2726.

Polymerization of Hemoglobin

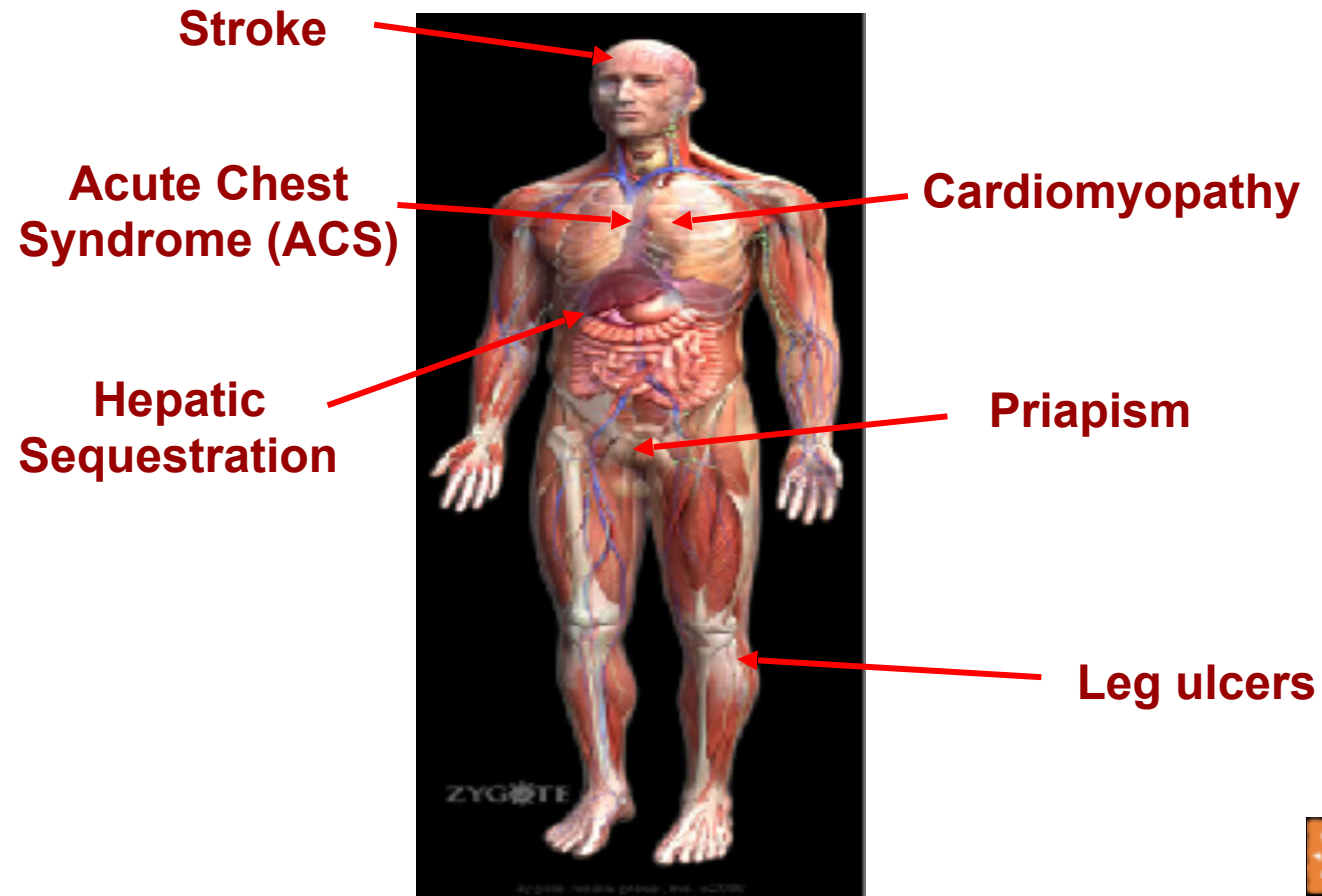




Complications of Sickle Cell Disease



Sickle Cell: Multisystem Organ Damage



Acute Complications in Sickle Cell Disorder

- ▶ Sickle Cell Disease has a highly variable presentation
- ▶ Common:
 - Excruciating Pain
 - Severe Fatigue
 - Jaundice
 - Yellowing of the eyes and skin
 - Frequent Infections
 - Swelling and Pain in Hands and Feet



Management and Treatment Options



Available Treatment Options

Therapeutic Agents

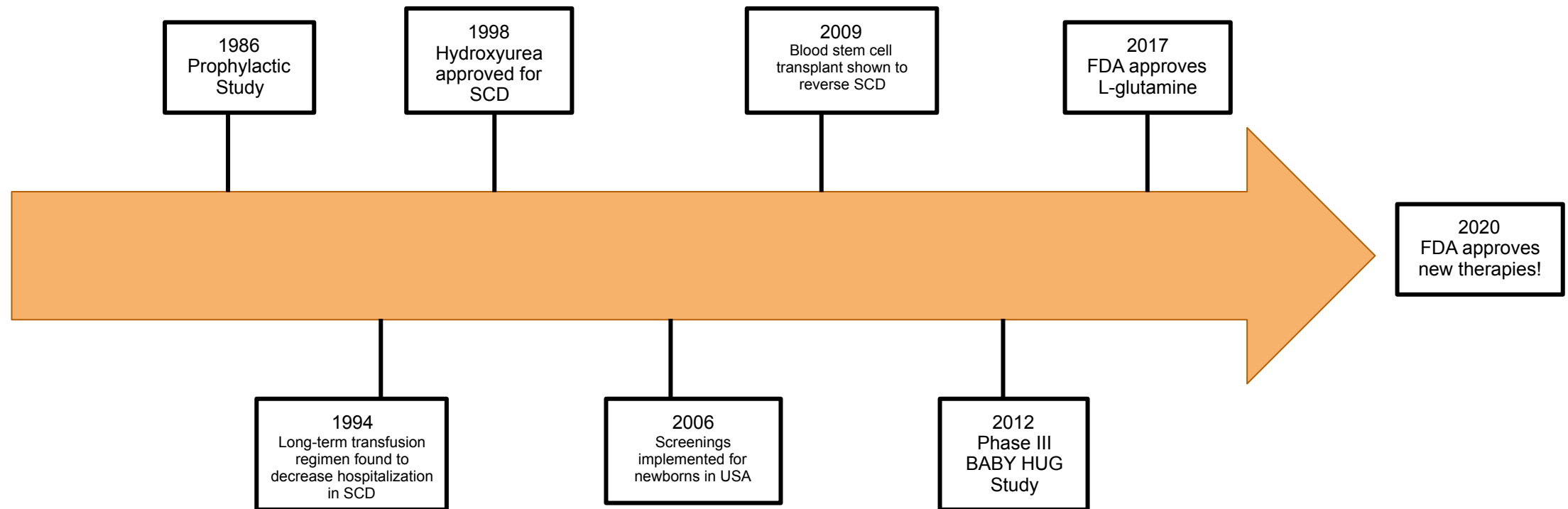
- ▶ Hydroxyurea
 - Anti-cancer agent for reduction of painful crises
 - Approved for sickle cell disease in 1998
- ▶ Endari (L-glutamine oral powder)
 - Approved for sickle cell disease in 2017

Available Management Options

Management

- ▶ Blood Transfusions
- ▶ Iron Chelating Agents
- ▶ Prevention by Hydration and Diet

Treatment Milestones in Sickle Cell Disease





Hydroxyurea in Sickle Cell Disease



Hydroxyurea Treatment

- ▶ Initially developed for use in chronic myeloid leukemia and other cancers
- ▶ **1987:** Early HU studies SCD were published
 - Researchers saw benefit to increasing HbF with 5-azacytidine in SCD
 - Hydroxyurea was believed to be a safer alternative to 5-azacytidine for long-term use
- ▶ **1995:** Phase 3 study of HU in SCD published
 - Investigators found an annualized median difference of 2 crises between HU and placebo
- ▶ **1998:** HU was approved by the FDA for use in SCD

Hydroxyurea Mechanism of Action

- ▶ **Increases HbF**
 - Helps to prevent polymerization of HbS
 - Leads to increased Hgb levels
- ▶ **Decreases WBCs**
 - Elevated WBCs associated with increased morbidity and mortality in SCD
 - Decreasing neutrophils and reticulocytes may decrease vascular adhesion
- ▶ **Releases Nitric Oxide**
 - Leads to vasodilation

Hydroxyurea Summary

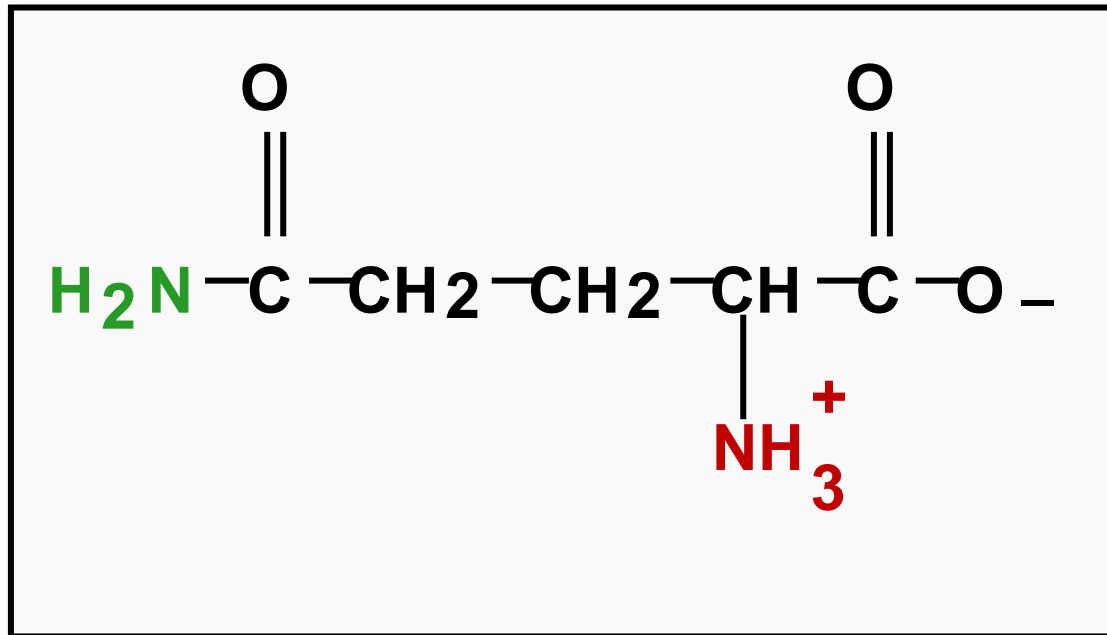
- ▶ The gold-standard for disease modifying therapy in SCD
 - Approved for over 20 years with an abundance of evidence
- ▶ Numerous benefits in SCD with multiple mechanisms of action
- ▶ Side effects can be burdensome but can be managed in most cases if monitored regularly



Oral L-Glutamine in Sickle Cell Disease

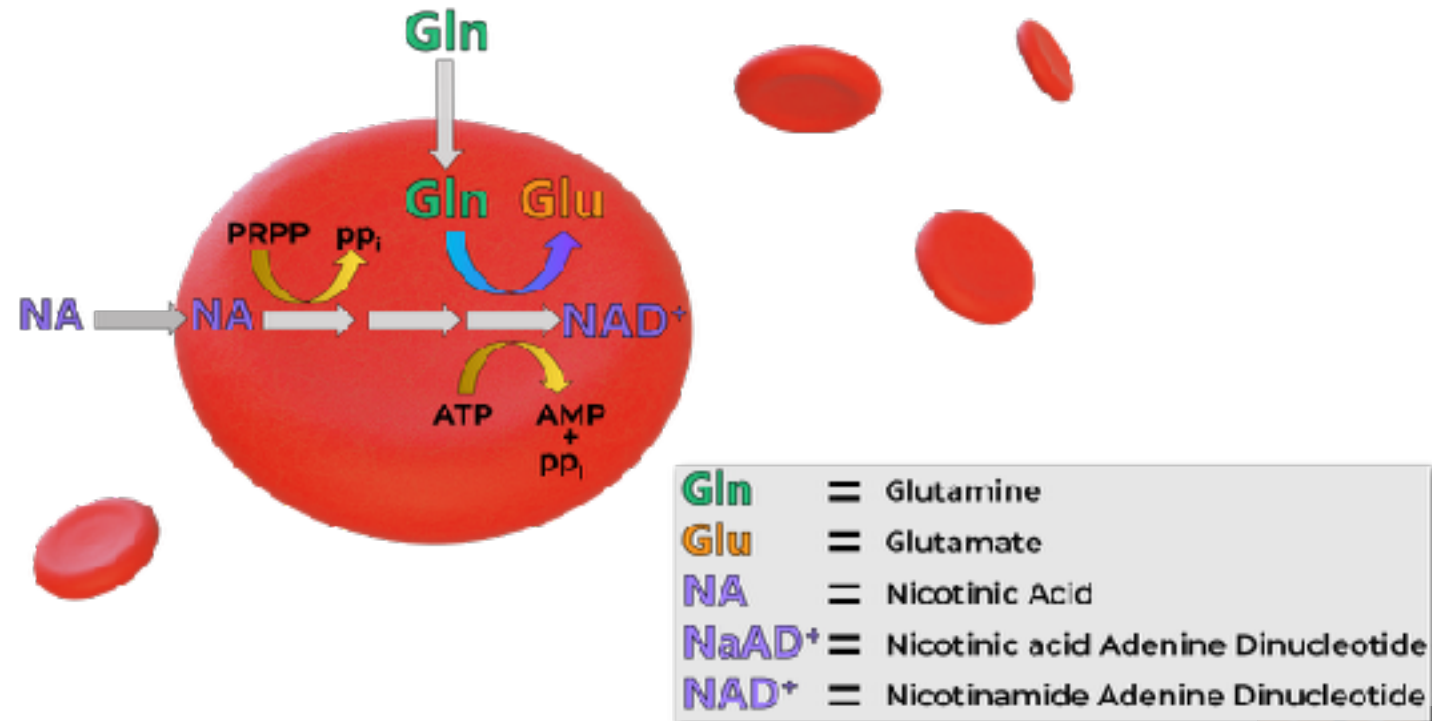


L-Glutamine Structure



L-Glutamine Mechanism of Action

- ▶ L-Glutamine donates an amino group in the final step of NAD⁺ biosynthesis in red blood cells



Nicotinamide Adenine Dinucleotide (NAD⁺)

- ▶ NAD⁺ is involved in oxidation-reduction reactions in red blood cells

Oxidation Reduction (Redox) potential

<u>NADH</u>	<u>Reduced</u>
NAD ⁺ + NADH	Total

Oxidative Stress and Sickle Cell Disease

Is the NAD⁺ redox system overwhelmed in sickle cell disease?

- ▶ The NAD⁺ Redox Potential is decreased in sickle cell disease ^{1,2}
- ▶ Treatment with **L-glutamine** normalized NAD⁺ Redox Potential ³

(1) Zerez, et al, Blood, Vol 71, No 2 (February), 1988: pp 512-5 15

(2) Al-Ali, et al, Acta Haematologica 2002;108:19-22

(3) Nishimura, et al, Blood 1995;86(Suppl 4):652a



Phase 3 Study Design and Outcome

INCLUSION CRITERIA:

HbSS
Sickle β^0 -thalassemia
HU use permitted
 ≥ 5 years old
 ≥ 2 SCC prior 12 mos

PRIMARY ENDPOINT:

**Number of SCCs in the
48-week treatment period**

PRIMARY ENDPOINT RESULT:

3 vs 4 median SCC

CLINICAL BENEFITS

(Compared to Placebo):

25% lower SCCs

**63% fewer ACS
occurrences**

**33% fewer
hospitalizations**

**41% fewer cumulative
days in hospital**



New Therapies



Therapies in Clinical Development



: Voxelotor (GBT-440)

- MoA - Increases hemoglobin affinity for oxygen (Polymerization Inhibitor)
 - Once daily oral therapy
- Phase 3 **HOPE** study completed 2019
 - Mean change in Hgb from baseline of 1.1 mg/dL in 1500mg dose vs -0.1 mg/dL in placebo
- Priority review with a Prescription Drug Users Fee Act (PDUFA) date:
February 26, 2020

Therapies in Clinical Development

NOVARTIS : **Crizanlizumab (SEG101)**

- MoA - P-Selectin Inhibitor
- Monoclonal antibody given as IV infusions every 4 weeks
- Phase 2 **SUSTAIN** Study completed in 2017 - Priority Review
 - 5 mg/kg dose reduced median annual VOCs leading to hospitalization by 45%
- Phase 3 **STAND** Study (A2301) investigating the efficacy and safety of crizanlizumab in patients aged 12 and above

Therapies in Clinical Development

cyclerion : **Olinciguat (IW-1701)**

- MoA - Guanylate Cyclase Agonist, increasing cGMP for vasodilation
 - Once Daily Oral Tablet
- Currently in Phase 2 Development

imara : **IMR-687**

- MoA - Inhibition of phosphodiesterase-9 (PDE9i) increasing cGMP for vasodilation
 - Once daily oral tablet
- Currently in Phase 2 Development

Therapies in Clinical Development



: LentiGlobin gene therapy

- MoA - Adds functional copies of a modified form of beta-hemoglobin gene into the patient's own stem cells
- Patients may then make their own functional RBCs
- Currently in Phase 1/2 Development



Bright Future – Thank YOU!

